

Bonnie Jackson Knox, Ph.D.

Achievement Dynamics

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Bonnie started and continues to run a consulting organization, Achievement Dynamics, that specializes in providing leadership, management and employee development education to private and public sector organizations. She has designed, planned and delivered seminars nationally and internationally and continues to work with and provide training, organizational development and consulting services to manufacturers, non-profit organizations, state and federal agencies and healthcare organizations throughout the United States. Additionally, she is adjunct faculty for the Office of Personnel Management and delivers classes to federal managers in the Eastern and Western Management Development Centers.

Bonnie K. Jackson-Knox was the Vice President of Strategic Planning and Implementation at the Lancaster General College of Nursing and Health Sciences as well Vice President of the Institute for Professional Development, an entity of the Lancaster General College of Nursing and Health Sciences. The Institute provided education to the Lancaster College community and Lancaster General Hospital, a 7000 + employee health care system.

Bonnie has been faculty at The Pennsylvania State University, The School for Advanced Studies at the University of Phoenix and The Harrisburg Area Community College.

Additionally, she has served on the planning committee with the Appalachian Regional Commission on rural incubation and the planning committee with the Pennsylvania Human Resources Investment Council. She assisted the Pennsylvania Biotechnology Association in assessing and identifying workforce needs of the biotechnology community. She also served as the director of training and incubation for the Ben Franklin Technology Partners of Central and Northern Pennsylvania. She was the statewide contact for the Pennsylvania Agribusiness community for Governor Thomas Ridge in his Technology 21 initiative.

She is certified in Myers-Briggs Type Inventory, Strength Deployment Inventory, Forte Communication Assessment, DISC, The Emotional Competency Inventory, Lominger Career Architect, Lominger Interview Architect and is certified as a facilitator in Crucial Conversations and Inside-Out Coaching.

She has an undergraduate degree from Bowling Green State University in Ohio and a Master's Degree in Education, Training and Development from The Pennsylvania State University, Capital College and a Ph.D. in Workforce Education and Development from The Pennsylvania State University, State College.

Credentials

Over 20 years experience designing education/leadership development activities.

Course and Content Development, Veteran's Administration, Denver, CO – 2011

Collaborated with the Office of Personnel Management to develop and deliver a week long program for VA leadership to examine existing leadership competencies and identify opportunities to improve personally and organizationally.

Leadership and Oversight, University of Phoenix, Phoenix, AZ – 2010

Provided guidance, reviewed policies and procedures, reviewed performance of adjunct and full-time doctoral instructors for the Ph.D. in Industrial/Organizational Psych program, Doctorate of Business

Administration, and Doctorate of Management in Leadership/ Information Systems and Technology.

Course and Content Development, Bureau of Land Management, Safford, AZ – 2011

Met with BLM leadership to design and deliver a program to all employees that would meet the mitigation requirement for an EEOC complaint.

Program Oversight, University of Phoenix, Phoenix, AZ – 2010 – 2011

Reviewed and assessed Doctoral Programs in Management, Leadership and Industrial/Organizational Psychology. Hired faculty, reviewed faculty and courses in the programs of study.

Course and Content Development, GMAC, Philadelphia, PA – 2004

Developed and delivered courses for leadership program for vice-presidents at GMAC.

Course and Content Development, FDA – 2002

Collaborated with the Office of Personnel Management to develop a week-long program for GS 13, 14, and 15 candidates in FDA who are considering application for supervisory positions. Selected course content to align with FDA competencies and faculty for the program. Pilot program – September 2002. Program is now a core course for FDA.

Course and Content Development, NASA Space & Rocket Center, Huntsville, AL – 2000

Selected as one of three national content specialists and training designers to participate in training at NASA's Space and Rocket Center to subsequently develop course content to deliver competency based training to Army and top federal managers using equipment at the Center. Also selected as faculty for program. Pilot program – Feb. 2001

Over 15 years experience coaching and/or consulting with Federal Senior Executives

Coaching for EMDC Leadership Competencies since inception of course

Coaching in MDS2 since inception of course

Coaching senior and high potential managers at Jeppesen Sanderson, a Boeing subsidiary for over 5 years

Coaching for Leaders in Department of Education for one year

Coaching for Senior Leaders at PA American Cancer Society for over 5 years

Demonstrated selected experience working with DOD

Facilitated programs for NSA in Huntsville, AL

Facilitated programs for members of DOD in Leadership Competencies, MDS2 and EDS

Facilitated programs for AirForce in Texas and Huntsville, AL – 64 SES participant program held in Huntsville, AL

Facilitated programs for Army Acquisition, in Rock Island, IL and Orlando, FL on creativity and innovation

Facilitated programs for DOD in Passau, Germany

Joseph D. Carella Psy.D.

Dr. Joe Carella is a psychologist with over 20 years of experience in the practice of psychology. He has extensive experience as an executive coach, instructor, group facilitator and sport psychology consultant. Dr. Carella held numerous leadership positions at Eckerd College prior to opening his own consulting business in 2005 which is based in St. Petersburg, FL.

A central part of Dr. Carella's business is focused on helping improve the performance of organizations, teams, and individuals. He is a Senior Instructor on the Faculty of the Eckerd College Leadership Development Institute (LDI), a senior consultant with AvoLead LLC, and is

affiliated with the Center for Creative Leadership (CCL), and Western Management Development Center (WMDC). As an executive coach, Dr. Carella's approach is characterized by an appreciation for personal, interpersonal, and business issues. He has helped numerous individuals to understand the context within which they work and recognize their role in creating that environment. He has particular expertise in team effectiveness, conflict management, emotional intelligence, optimism, and work life balance. Dr. Carella is skilled in the administration and interpretation of various assessment instruments which he uses to foster performance enhancement.

Dr. Carella has worked with senior executives from organizations such as Smith & Nephew, Retail Business Development, and Merrill Lynch as well as community organizations such as Leadership St. Pete and the St Petersburg Police Department. Through his relationship with LDI, Dr. Carella has also worked with organizations such as Marsh Inc., Takeda Pharmaceuticals, Entergy Corporation, New York/Penn Baseball League, American Heart Association, and Tech Data as well as law firms such as King & Spalding and Drinker Biddle & Reath.

A specialist in sport psychology, Dr. Carella works with professional, collegiate, and elite amateur athletes to enhance their performance and achieve their goals. He has served as a facilitator for the National Football League (NFL) Rookie Symposium since 2004. Dr. Carella is also a psychology consultant for the Tampa Bay Buccaneers and Orlando Magic. Additionally, he provides services to enhance team and individual performance with athletes from the University of South Florida (USF), Eckerd College, as well as Athletes Performance FL/Andrews Institute. He recently appeared in the NFL Films Presents series entitled "Mind Games" and "Letters & Dreams" which appeared on ESPN.

Dr. Carella holds an undergraduate degree in psychology from Fairfield University and earned his doctorate in clinical psychology from Nova University. He completed a post-doctoral fellowship at the University of Rochester. His professional affiliations include the American Psychological Association. Dr. Carella is committed to programs that benefit the St. Petersburg Community such as the St Petersburg Sports Alliance. He was responsible for bringing the National Youth Sports Program (NYSP) to Eckerd College and during his tenure as the program leader, it won four national awards.